

Cabarrus Chiropractic Clinic

Dr James F Litaker

Patient:

Handed: right left

Height:

Weight:

Allergies to medications:

Conditions being treated for:

Family medical history: Father:

Mother:

Brother:

Sister:

Past medical history:

Smoker:

Alcohol:

Recreational Drugs:

BP, Cholesterol, Sugar under control?

Past chiropractic treatment?

Patient: _____

Patient Profile

Personal Information

Full Name: _____ *Jr / Sr*
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City State ZIP Code

Primary Phone: _____ *H / M / B* Alternate Phone: _____ *H / M / B*

Birth Date: _____ / ____ / ____

Social Security Number #: _____ - ____ - ____

Gender: Male Female

Race: American Indian or Alaska Native Asian Black or African American
 Native Hawaiian or Other Pacific Islander White Declined Unknown/Unavailable
 Other _____

Ethnicity: Hispanic or Latino Not Hispanic or Latino Declined Unknown/Unavailable

Prim. Language: Arabic Chinese English French German Greek Hebrew Italian
 Japanese Korean Spanish Vietnamese Declined Unknown/Unavailable
 Other _____

Email Address: _____

Emergency Contact: _____ Emergency Contact Phone: _____

Time Zone: _____

Does your time zone participate in Daylight Savings Time? Yes No

Marital Status: Single Married Widowed Divorced

Do you have any dependents? Yes No

Are you a full-time student? Yes No

Health Insurance? Yes No

Responsible Party: You Other (parent, spouse, etc.) _____

Authorizations and Releases

Patient Name: _____

Consent to Professional Treatment

I certify that all information provided to this practice is true and correct, to the best of my knowledge. I hereby give consent to this practice and its health care providers, consultants, assistants, or designees to render care and treatment to me as they deem necessary. I recognize that the practice of medicine is not an exact science and I acknowledge that no guarantees have been made as to the result of evaluation and treatment. If the patient is a minor child, under the age of eighteen (18) at the date of treatment, I hereby stipulate that I am the legal guardian of the child, and grant my consent for the treatment of the child as provided for herein. I acknowledge that may refuse treatment at any time.

Initial ____

Consent to Perform and Interpret X-rays

I hereby consent to the performance of diagnostic x-rays as deemed necessary by the attending physician of this practice and acknowledge that certain risks are associated with x-rays. If applicable, I certify that I am a parent or legal guardian of the patient and I hereby authorize the performance of diagnostic x-rays on said minor as requested by the physician. At this time, I know of no condition which the taking of x-rays would further complicate.

I further agree that this practice may seek outside interpretation of my x-rays by a qualified professional not employed by this practice. I agree to any additional fees associated with this service and assigns benefits to be paid directly to that professional by my third-party payor.

Initial ____

Females: Regarding Possibility of Pregnancy

This is to certify that, to the best of my knowledge, I am NOT pregnant. The doctor and certified staff have permission to perform diagnostic x-rays. I am aware that taking x-rays, particularly those involving the pelvis, can be hazardous to a fetus.

Initial ____

Females: Consent to X-Ray During Pregnancy

This is to certify that, I am or may be pregnant and that the doctor or certified staff has my permission to perform diagnostic x-rays involving any cervical spine (neck) or extremities (arms or legs), on the condition that lead shielding be used over the trunk of my body. I have been advised that certain x-rays, particularly those involving the pelvis, can be hazardous to a fetus.

Initial ____

Assignment of Benefits and Release of Records

I hereby assign to this practice all of my medical and procedure benefits to which I am entitled, including major medical benefits. I hereby authorize and direct my insurance carrier(s), including Medicare and other government sponsored programs if applicable, private insurance and any other health plans to issue payment directly to this practice for medical services rendered. This assignment is irrevocable.

I hereby authorize this practice to release any medical or other information required by third party payors, including government agencies, insurance carriers, or any other entities necessary to determine insurance benefits or benefits payable for related services and supplies provided to me by the practice.

Initial ____

Financial Obligation

I hereby accept full financial responsibility for services rendered by this practice. I accept full responsibility for any fees incurred, regardless of insurance coverage. I understand that my insurance carrier may not approve or reimburse my medical services in full due to usual and customary rates, benefit exclusions, coverage limits, lack of authorization, or medical necessity. I further understand that I am responsible for fees not paid in full, co-payments, and policy deductibles and co-insurance except where my liability is limited by contract or State or Federal law. In some cases, exact insurance benefits cannot be determined until the insurance company receives the claim.

Should the account be referred to an attorney or collection agency for collection, I shall pay all fees, including but not limited to legal fees, collection agency fees, and any and all other expenses incurred in the collection of past due accounts. It is my responsibility to notify this practice of any changes in my health care coverage.

You may direct any questions regarding this financial obligation to the clinic manager or physician.

Initial ____

Signature _____

Date _____

INFORMED CONSENT FORM

PATIENT NAME: _____

DATE: _____

To the patient: Please read this entire document prior to signing it. It is very important that you understand the information contained in this document. If anything is unclear, please ask questions before you sign.

The nature of the chiropractic adjustment

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

Analysis / Examination / Treatment

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- | | | |
|--|--|--|
| <input type="checkbox"/> spinal manipulative therapy | <input type="checkbox"/> palpation | <input type="checkbox"/> vital signs |
| <input type="checkbox"/> range of motion testing | <input type="checkbox"/> orthopedic testing | <input type="checkbox"/> basic |
| <input type="checkbox"/> neurological | | |
| <input type="checkbox"/> muscle strength testing | <input type="checkbox"/> postural analysis | <input type="checkbox"/> testing |
| <input type="checkbox"/> ultrasound | <input type="checkbox"/> hot/cold therapy | <input type="checkbox"/> Electrical Stim |
| <input type="checkbox"/> radiographic studies | <input type="checkbox"/> mechanical traction | |
| <input type="checkbox"/> Other (please explain) | | |
-
-
-

The material risks inherent in chiropractic adjustment.

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

The probability of those risks occurring.

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and

X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

The availability and nature of other treatment options.

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you chose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

The risks and dangers attendant to remaining untreated.

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW

I have read [] or have had read to me [] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with *James F Litaker, DC* and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Dated: _____

Dated: _____

Patient's Name

Doctor's Name

Signature

Signature

Signature of Parent or Guardian
(If a minor)

Patient: _____

Chief Complaint Form

Chief Complaint

Case Title: _____

Describe the reason for your visit: _____

When did your symptoms begin? (select one)

- Today This week Within last 3 months
 3 months to 6 months 6 months to one year More than one year

For Women Only: Most recent menstrual cycle: _____ / _____ / _____

Are you pregnant? Yes No

Which word describes the frequency of your discomfort? (select one)

- Constant Intermittent Occasional Rare

Which phrases best describe *changes* in your discomfort during the day? (select one or more)

- It is worse in the morning It is worse in the afternoon It is worse at night
 It changes with the weather It does not change

What helps *relieve* your discomfort? (select one or more)

- Ice Heat Medication Other (please describe) _____

What activities are limited by your discomfort? (select one or more)

- Bending Bowel Movements Coughing Daily Routine
 Driving Getting Up Lifting Lying Down
 Pulling Pushing Reading Sitting
 Sleeping Sneezing Standing Turning my head
 Urination Walking Working Other (please describe) _____

Where applicable, specify the approximate date of your most recent: (month / year)

Physical Exam: _____ / _____ Dental X-rays: _____ / _____

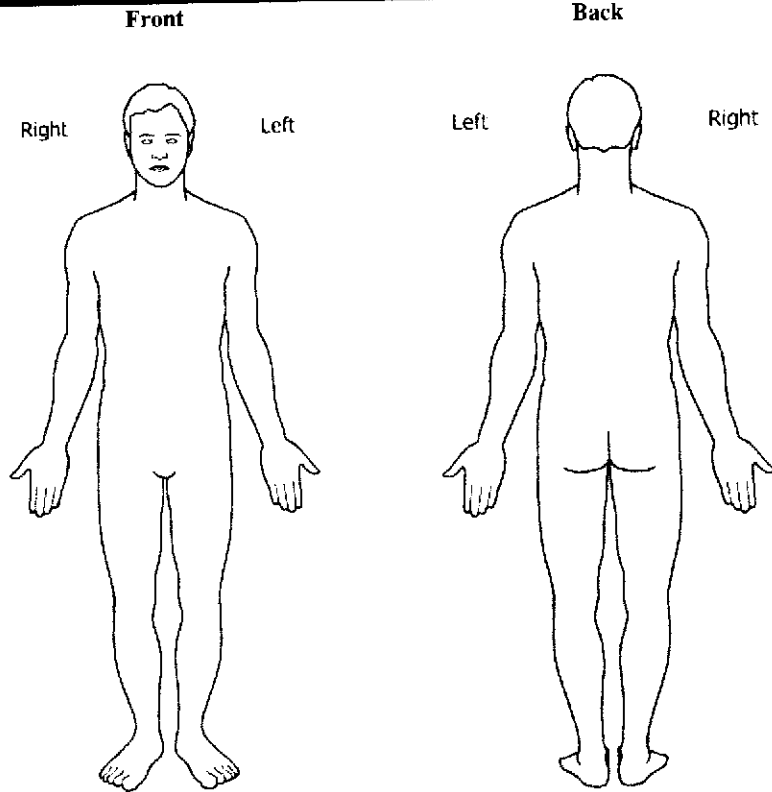
Spinal X-ray: _____ / _____ CT Scan: _____ / _____

MRI: _____ / _____ Other Scans or X-rays: _____ / _____

Patient: _____

Patient Symptom Illustrator

Patient Symptom Illustrator



Instructions:

Identify your areas of discomfort by marking the affected body parts in the illustration.

Indicate the area name along with your specific symptoms associated with each selected area.

Rate your discomfort associated with each selected area.

			Burning	Dull Ache	Sharp Stabbing	Throbbing	Numbness	Pins and Needles	Spasm	Swelling	Stiffness
Ex.	L	(R) Lower Back			X			X			X
1.	L	R									
2.	L	R									
3.	L	R									
4.	L	R									

0 = No Discomfort 10 = Severe Discomfort

X

Functional Rating Index

Patient Name: _____

In order to properly assess your condition and accurately grade your response to treatment, we must understand how much your neck and/or back problem(s) have affected your ability to manage everyday activities (ADLs).

For each section below, please circle the one number which most closely describes your condition right now.

Pain Intensity:

0. No pain
1. Mild Pain
2. Moderate Pain
3. Severe Pain
4. Worst Possible Pain

Pain Frequency:

0. No Pain
1. Occasional pain; 25% of the day
2. Intermittent pain; 50% of the day
3. Frequent pain; 75% of the day
4. Constant pain; 100% of the day

Sleeping:

0. Perfect Sleep
1. Mildly Disturbed Sleep
2. Moderately Disturbed Sleep
3. Greatly disturbed sleep
4. Totally disturbed sleep

Recreation:

0. Can do all activities
1. Can do most activities
2. Can do some activities
3. Can do few activities
4. Cannot do any activities

Personal Care (washing, dressing, etc):

0. No pain; no restrictions
1. Mild pain; no restrictions
2. Moderate pain; need to go slowly
3. Moderate pain; need some assistance
4. Severe pain; need 100% assistance

Lifting:

0. No pain with heavy weight
1. Increased pain with heavy weight
2. Increased pain with moderate weight
3. Increased pain with light weight
4. Increased pain with any weight

Travel (driving, etc):

0. No pain on long trips
1. Mild pain on long trips
2. Moderate pain on long trips
3. Moderate pain on short trips
4. Severe pain on short trips

Walking:

0. No pain; any distance
1. Increased pain after 1 mile
2. Increased pain after ½ mile
3. Increased pain after ¼ mile
4. Increased pain with all walking

Work:

0. Can do usual plus unlimited extra work
1. Can do usual work; no extra work
2. Can do 50% of usual work
3. Can do 25% of usual work
4. Cannot work

Standing:

0. No pain after several hours
1. Increased pain after several hours
2. Increased pain after 1 hour
3. Increased pain after ½ hour
4. Increased pain with any standing

Patient Signature: _____ Date: _____

Raw Score: _____ Percent Impairment: _____ Dr. Initials: _____